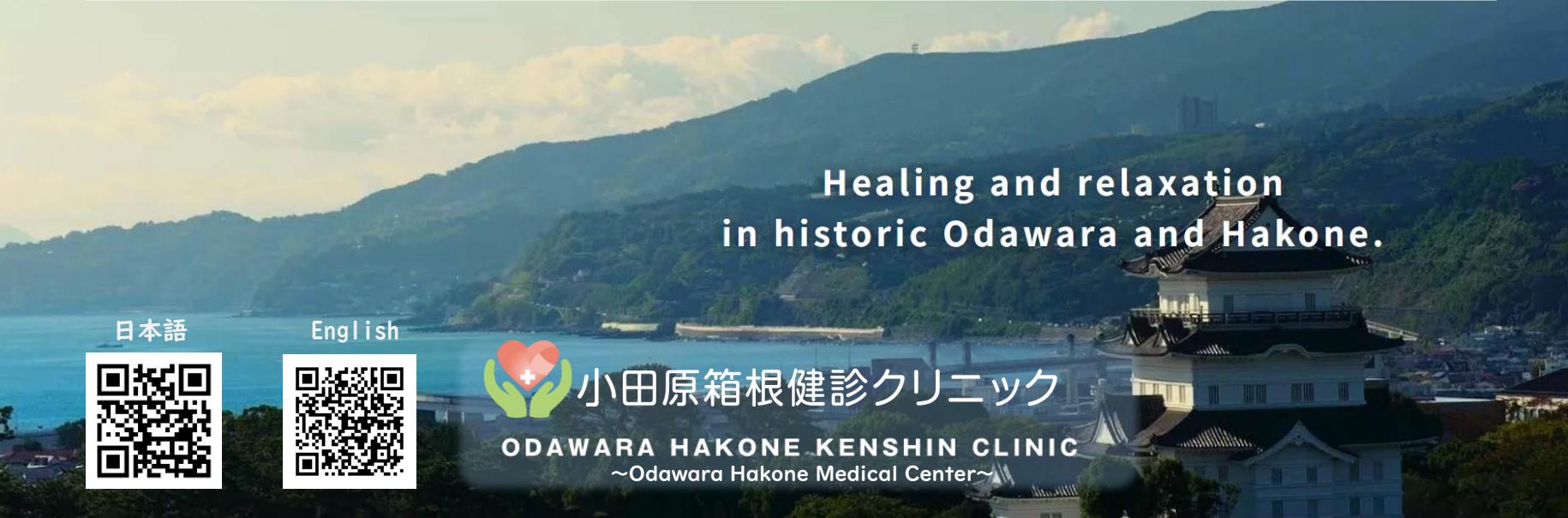




Only 32 min by Shinkansen from Tokyo Station.  
Nearly Mt. Fuji.

## *Body and Soul Wellness* with Japanese Nature and Culture



Healing and relaxation  
in historic Odawara and Hakone.

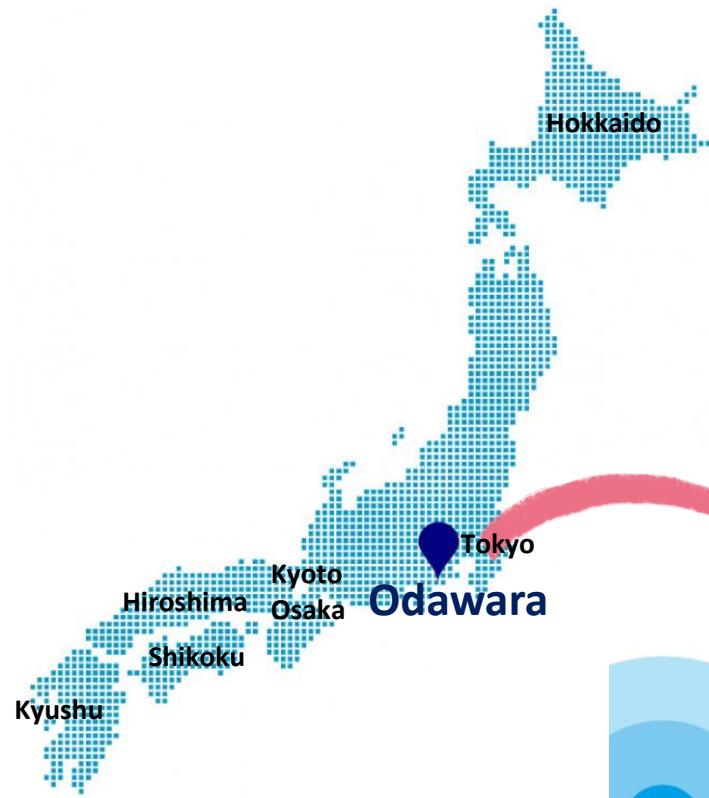
日本語

English



小田原箱根健診クリニック

ODAWARA HAKONE KENSHIN CLINIC  
~Odawara Hakone Medical Center~



# Access to Odawara

About 30 min. by Shinkansen from Tokyo Station





# 小田原箱根健診クリニック ODAWARA HAKONE KENSHIN CLINIC

~Odawara Hakone Medical Center~

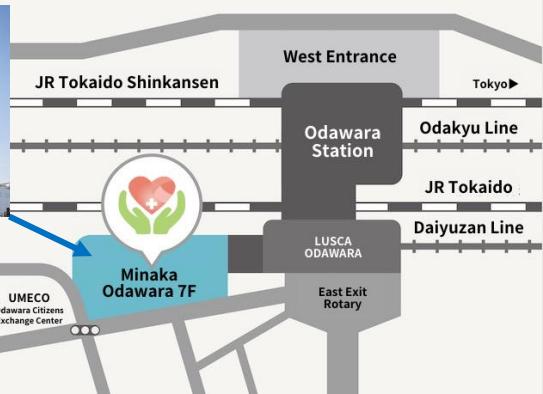
## 院内のご案内 Guide Map



Private Room



Minaka Odawara  
Building



Entrance Lobby



Sakura Lounge  
-Gynecology  
Examination Room-



IV Therapy Room



Blood  
Test Room



Clinical Laboratory Technician  
-Medical Technologist-



Radiographic Examination Room



Endoscopy Room



Ultrasound Scan Room



Corridor

# “Ningen Dock” (Comprehensive Health Checkup) Packages



胃と大腸の内視鏡検査が同時に可能

Gastroscopy and colonoscopy can be performed at the same time.

ラグジュアリーなプライベート控え室有り

Luxury private waiting rooms available

女性特有の検査は女性医師、女性スタッフのみで対応

Female-specific examinations handled exclusively by female doctors and staff



小田原箱根健診クリニック  
ODAWARA HAKONE KENSHIN CLINIC  
～Odawara Hakone Medical Center～

# Recommend Packages

In a comfortable environment, our staff will guide you with utmost care.



小田原箱根健診クリニック  
ODAWARA HAKONE KENSHIN CLINIC  
~Odawara Hakone Medical Center~

Limited to  
2 people  
per day

1日  
限定  
2人

Plus

Colonoscopy

富士 (Fuji) 1.5Days (About 8h + 2h)

Plus

DWIBS

城 (Castle) About 8h

Plus

DWIBS

Plus  
Colonoscopy

海 (Ocean) About 8h

Plus

桜 (Sakura) About 7h

Gastroscopy

Colorectal cancer and Pancreatic cancer Assessments  
Carotid ultrasound, Brain (Head) MRI • MRA scan,  
Cervical (Neck) MRA, Chest and Abdominal CT scans,  
Dementia Risk Screening

Plus

椿 (Tsubaki) About 4h

Bone density, TIBC, Ferritin, 1.5-AG, Thyroid Test , Tumor Markers ,  
Cerebral Infarction and Myocardial Infarction Assessments ,  
Gynecology (♀) Breast ultrasound (♀) , Mammography (♀)

Plus

梅 (Ume) About 3h

For those with busy schedules, we have streamlined the  
examination process, allowing you to undergo the necessary tests  
in approximately 3 hours.

Group reservations available

団体可

# 梅 (Ume) About 3h

## •医師の診察 Medical Consultation by Doctor

### •計測 Measurements

身長、体重、腹囲、BMI、肥満度、視力、聴力、血圧

Height (metric), Weight, Waist circumference (metric), BMI, Obesity index, Visual acuity test, Audiometry test, Blood pressure

### •超音波検査 Ultrasound Scan

上腹部超音波検査 Upper abdominal ultrasound

### •放射線検査 Radiographic Examination

胸部X線検査 Chest X-ray



### •生理学検査 Physiological Tests

心電図、心拍数、眼圧、眼底、肺機能

Electrocardiogram (ECG), Heart rate, Tonometry, Fundoscopy, Pulmonary Function test (PFTs)

### •血液検査 Blood Analysis

<血液学> 赤血球数、白血球数、血小板数、血色素量(Hb)、ヘマトクリット、MCV、MCH、MCHC、血清鉄

<Blood Analysis> Red blood cell (RBC) count, White blood cell (WBC) count, Platelet count, Hemoglobin level (Hb), Hematocrit, MCV, MCH, MCHC, Serum iron level

<肝機能・膵機能> AST(GOT)、ALT(GPT)、γ-GTP、ALP、コリンエステラーゼ、総ビリルビン、LDH、総蛋白、アルブミン、AG比、アミラーゼ

<Liver Panel・Pancreatic Function Test> AST(GOT), ALT(GPT), γ-GTP, ALP, Cholinesterase, total bilirubin, LDH, Total protein, albumin, Albumin-globulin ratio, Amylase

<脂質> 中性脂肪、総コレステロール、HDLコレステロール、LDLコレステロール、non-HDLコレステロール、動脈硬化指数

<Body Fat> Triglyceride, Total cholesterol, HDL cholesterol, LDL cholesterol, non-HDL cholesterol, Arteriosclerosis index

<腎機能・痛風> 尿素窒素、クレアチニン、eGFR(推算糸球体濾過量)、ナトリウム、カリウム、クロール、カルシウム、無機リン、尿酸

<Renal Function・Gout> Urea nitrogen, Creatinine, eGFR (Estimated glomerular filtration rate), Sodium, Potassium, Chloride, Calcium, Inorganic phosphorus, Uric acid

<糖代謝> 空腹時血糖、HbA1c

<Glucose Metabolism> Fasting blood glucose level, HbA1c

<肝炎ウイルス> HBs抗原、HBs抗体、HCV抗体

<Hepatitis> HBs antigen, HBs antibodies, HCV antibodies

<胃がんリスク> ヘリコバクターピロリ抗体、ペプシノーゲン判定

<Stomach Cancer Risk> Helicobacter pylori (H. Pylori) test, Pepsinogen test

<梅毒> RPR、TP抗体

<Syphilis> Rapid Plasma Regin (RPR), TP antibodies

<免疫学> CRP、RF定量

<Allergy and Immunology> C-Reactive protein (CRP), Rheumatoid factor



### •尿検査 Urinalysis

尿糖、尿蛋白、尿潜血、尿pH、尿比重、尿ビリルビン、尿ウロビリノーゲン、尿沈渣

Glucose, Protein, Occult blood, Acidity (pH), Urine specific gravity, Bilirubin, Urobilinogen, Urine sediment

### •便潜血検査 Fecal Occult Blood Test

便潜血2日法【採取可能な場合】

2-day fecal occult blood test (FOBT) 【If collection is possible】



# 椿 (Tsubaki) About 4h



## •医師の診察 Medical Consultation by Doctor

### •計測 Measurements

身長、体重、腹囲、BMI、肥満度、視力、聴力、血圧

Height (metric), Weight, Waist circumference (metric), BMI, Obesity index, Visual acuity test, Audiometry test, Blood pressure

### •超音波検査 Ultrasound Scan

上腹部超音波検査、**乳腺超音波（♀）**

Upper abdominal ultrasound, **Breast ultrasound (♀)**

### •婦人科 Gynecology (♀)

経腔超音波、内診、子宮頸部細胞診、乳房視触診

Transvaginal ultrasound, Pelvic examination, Cervical cytology diagnosis (Pap Smear), Breast inspection palpation

### •生理学検査 Physiological Tests

心電図、心拍数、眼圧、眼底、肺機能、**骨密度**

Electrocardiogram (ECG), Heart rate, Tonometry, fundoscopy, Pulmonary function test (PFTs), **Bone density**

### •放射線検査 Radiographic Examination

胸部X線検査、**マンモグラフィー（♀）**

Chest X-ray, **Mammography (♀)**

### •血液検査 Blood Analysis

<血液学>赤血球数、白血球数、血小板数、血色素量(Hb)、ヘマトクリット、MCV、MCH、MCHC、血清鉄、**TIBC、フェリチン**

<Hematology> Red blood cell (RBC) count, White blood cell (WBC) count, Platelet count, Hemoglobin level (Hb), Hematocrit, MCV, MCH, MCHC, Serum iron level, **TIBC, Ferritin**

<肝機能・胰機能>AST(GOT)、ALT(GPT)、γ-GTP、ALP、コリンエステラーゼ、総ビリルビン、LDH、総蛋白、アルブミン、AG比、アミラーゼ

<Liver Panel · Pancreatic Function Test>AST(GOT), ALT(GPT), γ-GTP, ALP, Cholinesterase, Total bilirubin, LDH, total protein, Albumin, Albumin-globulin ratio, Amylase

<脂質>中性脂肪、総コレステロール、HDLコレステロール、LDLコレステロール、non-HDLコレステロール、動脈硬化指数

<Body Fat> Triglyceride, Total cholesterol, HDL cholesterol, LDL Cholesterol, non-HDL cholesterol, Arteriosclerosis index

<腎機能・痛風>尿素窒素、クレアチニン、eGFR(推算糸球体濾過量)、ナトリウム、カリウム、クロール、カルシウム、無機リン、尿酸

<Renal Function · Gout> Urea nitrogen, Creatinine, eGFR (Estimated glomerular filtration rate), Sodium, Potassium, Chloride, Calcium, Inorganic phosphorus, Uric acid

<糖代謝>空腹時血糖、**HbA1c, 1.5-AG**

<Glucose Metabolism> Fasting blood glucose level, HbA1c, **1.5-AG** <免疫学>CRP、RF定量

<免疫学>CRP、RF定量

<Allergy and Immunology> C-Reactive protein (CRP), Rheumatoid factor

<梅毒>RPR、TP抗体

<Syphilis> Rapid Plasma Regin (RPR), TP antibodies

<胃がんリスク>ヘルコバクターピロリ抗体、ペプシノーゲン判定

<Stomach Cancer Risk> Helicobacter pylori (H. Pylori) test, Pepsinogen test



<肝炎ウイルス>HBs抗原、HBs抗体、HCV抗体

<Hepatitis> HBs antigen, HBs antibodies, HCV antibodies

<腫瘍マーカー>CEA、SCC抗原、CYFRA、Pro-GRP、AFP、エラスターーゼ1、CA19-9、CA125 (♀)、CA15-3 (♀)、PSA (♂)

<Tumor Markers> CEA, SCC antigen, CYFRA, Pro-GRP, AFP, CA19-9, Elastase1, CA125 (♀), CA15-3 (♀), PSA (♂)

<甲状腺>TSH、FT3、FT4

<Thyroid Test> TSH, FT3, FT4

<脳・心筋梗塞リスク>Lox-Index

<Cerebral Infarction and Myocardial Infarction Assessments> LOX-index® testing method

### •尿検査 Urinalysis

尿糖、尿蛋白、尿潜血、尿pH、尿比重、尿ビリルビン、尿ウロビリノーゲン、尿沈渣

Glucose, Protein, Occult blood, Acidity (pH), Urine specific gravity, Bilirubin, Urobilinogen, Urine sediment

### •便潜血検査 Fecal Occult Blood Test

便潜血2日法 ※採取可能な場合

2-day fecal occult blood test (FOBT) ※If collection is possible



•医師の診察 Medical Consultation by Doctor

•計測 Measurements

身長、体重、腹囲、BMI、肥満度、視力、聴力、血圧

Height (metric), Weight, Waist circumference (metric), BMI, Obesity index, Visual acuity test, Audiometry test, Blood pressure

•超音波検査 Ultrasound Scan

上腹部超音波検査、**頸動脈超音波**、乳腺超音波（♀）

Upper abdominal ultrasound, **Carotid ultrasound**, Breast ultrasound (♀)

•生理学検査 Physiological Tests

心電図、心拍数、眼圧、眼底、肺機能、骨密度

Electrocardiogram (ECG), Heart rate, Tonometry, Fundoscopy, Pulmonary function test (PFTs), Bone density

•血液検査 Blood Analysis

<血液学>赤血球数、白血球数、血小板数、血色素量(Hb)、ヘマトクリット、MCV、MCH、MCHC、血清鉄、TIBC、フェリチン

<Hematology> Red blood cell (RBC) count, White blood cell (WBC) count, Platelet count, Hemoglobin level (Hb), Hematocrit, MCV, MCH, MCHC, Serum iron level, TIBC, Ferritin

<肝機能・胰機能>AST(GOT)、ALT(GPT)、γ-GTP、ALP、コリンエステラーゼ、総ビリルビン、LDH、総蛋白、アルブミン、AG比、アミラーゼ

<Liver Panel・Pancreatic Function Test>AST(GOT), ALT(GPT), γ-GTP, ALP, Cholinesterase, Total bilirubin, LDH, Total protein, Albumin, Albumin-globulin ratio, Amylase

<脂質>中性脂肪、総コレステロール、HDLコレステロール、LDLコレステロール、non-HDLコレステロール、動脈硬化指数

<Body Fat> triglyceride, Total cholesterol, HDL cholesterol, LDL cholesterol, non-HDL cholesterol, Arteriosclerosis index

<腎機能・痛風>尿素窒素、クレアチニン、eGFR(推算糸球体濾過量)、ナトリウム、カリウム、クロール、カルシウム、無機リン、尿酸

<Renal Function・Gout> Urea nitrogen, creatinine, eGFR (Estimated glomerular filtration rate), Sodium, Potassium, Chloride, Calcium, Inorganic phosphorus, Uric acid

<糖代謝>空腹時血糖、HbA1c, 1.5-AG

<Glucose Metabolism> Fasting blood glucose level, HbA1c, 1.5-AG

<胃がんリスク>ヘリコバクターピロリ抗体、ペプシノーゲン判定

<Stomach Cancer Risk> Helicobacter pylori (H. Pylori) test, Pepsinogen test

<梅毒>RPR、TP抗体

<Syphilis> Rapid Plasma Regin (RPR), TP antibodies

<腫瘍マーカー>CEA、SCC抗原、CYFRA、Pro-GRP、AFP、エラスターーゼ1、CA19-9、CA125（♀）、CA15-3（♀）、PSA（♂）

<Tumor Markers> CEA, SCC antigen, CYFRA, Pro-GRP, AFP, CA19-9, elastase1, CA125 (♀), CA15-3 (♀), PSA (♂)

<肝炎ウイルス>HBs抗原、HBs抗体、HCV抗体

<Hepatitis> HBs antigen, HBs antibodies, HCV antibodies

<脳・心筋梗塞リスク>Lox-Index

<Cerebral Infarction and Myocardial Infarction Assessments> LOX-index® testing method

<甲状腺>TSH、FT3、FT4

<Thyroid Test> TSH, FT3, FT4

<大腸がんリスク・すい臓がんリスク>ProtoKey

<Colorectal cancer and Pancreatic cancer Assessments> ProtoKey® testing method

<免疫学>CRP、RF定量

<Allergy and Immunology> C-Reactive protein (CRP), Rheumatoid factor

•尿検査 Urinalysis

尿糖、尿蛋白、尿潜血、尿pH、尿比重、尿ビリルビン、尿ウロビリノーゲン、尿沈渣

Glucose, protein, Occult blood, Acidity (pH), Urine specific gravity, Bilirubin, Urobilinogen, Urine sediment



# 海 (Ocean)

## About 8h

### ・医師の診察 Medical Consultation by Doctor

### ・計測 Measurements

身長、体重、腹囲、BMI、肥満度、視力、聴力、血圧

Height (metric), Weight, Waist circumference (metric), BMI, Obesity index, Visual acuity test, Audiometry test, Blood pressure

### ・超音波検査 Ultrasound Scan

上腹部超音波検査、頸動脈超音波、乳腺超音波（♀）

Upper abdominal ultrasound, Carotid ultrasound, Breast ultrasound (♀)

### ・生理学検査 Physiological Tests

心電図、心拍数、眼圧、眼底、肺機能、骨密度

Electrocardiogram (ECG), Heart rate, tonometry, Fundoscopy, Pulmonary function test (PFTs), Bone density

### ・血液検査 Blood Analysis

<血液学> 赤血球数、白血球数、血小板数、血色素量(Hb)、ヘマトクリット、MCV、MCH、MCHC、血清鉄、TIBC、フェリチン

<Hematology> Red blood cell (RBC) count, White blood cell (WBC) count, Platelet count, Hemoglobin level (Hb), Hematocrit, MCV, MCH, MCHC, Serum iron level, TIBC, Ferritin

<肝機能・膵機能> AST(GOT)、ALT(GPT)、γ-GTP、ALP、コリンエステラーゼ、総ビリルビン、LDH、総蛋白、アルブミン、AG比、アミラーゼ

<Liver Panel・Pancreatic Function Test> AST(GOT), ALT(GPT), γ-GTP, ALP, Cholinesterase, Total bilirubin, LDH, Total protein, Albumin, Albumin-globulin ratio, Amylase

<脂質> 中性脂肪、総コレステロール、HDLコレステロール、LDLコレステロール、non-HDLコレステロール、動脈硬化指数

<Body Fat> Triglyceride, Total cholesterol, HDL cholesterol, LDL cholesterol, non-HDL cholesterol, Arteriosclerosis index

<腎機能・痛風> 尿素窒素、クレアチニン、eGFR(推算糸球体濾過量)、ナトリウム、カリウム、クロール、カルシウム、無機リン、尿酸

<Renal Function・Gout> Urea nitrogen, Creatinine, eGFR (Estimated glomerular filtration rate), Sodium, Potassium, Chloride, Calcium, Inorganic phosphorus, Uric acid

<糖代謝> 空腹時血糖、HbA1c, 1.5-AG

<Glucose Metabolism> Fasting blood glucose level, HbA1c, 1.5-AG

<梅毒> RPR、TP抗体

<Syphilis> Rapid Plasma Regin (RPR), TP antibodies

<肝炎ウイルス> HBs抗原、HBs抗体、HCV抗体

<Hepatitis> HBs antigen, HBs antibodies, HCV antibodies

<甲状腺> TSH、FT3、FT4

<Thyroid Test> TSH, FT3, FT4

<免疫学> CRP、RF定量

<Allergy and Immunology> C-Reactive protein (CRP), Rheumatoid factor

### ・内視鏡 Endoscopy Test

上部消化管内視鏡検査（胃カメラ）

Gastroscopy

下部消化管内視鏡検査（大腸カメラ）

Colonoscopy



### ・婦人科 Gynecology (♀)

経腔超音波、内診、子宮頸部細胞診、乳房視触診

Transvaginal ultrasound, Pelvic examination, Cervical cytology diagnosis (Pap Smear), Breast Inspection palpation

### ・放射線検査 Radiographic Examination

胸部X線検査、胸腹部CT、頭部MRI・MRA、頸部MRA、認知症リスク検査、マンモグラフィー（♀）

Chest X-ray, Chest and Abdominal CT scans, Brain (Head) MRI・MRA scan, Cervical (Neck) MRA, Dementia Risk Screening, Mammography (♀)



<胃がんリスク> ヘリコバクターピロリ抗体、ペプシノーゲン判定

<Stomach Cancer Risk> Helicobacter pylori (H. Pylori) test, Pepsinogen test

<腫瘍マーカー> CEA、SCC抗原、CYFRA、Pro-GRP、AFP、エラスターーゼ1、CA19-9、CA125（♀）、CA15-3（♀）、PSA（♂）

<Tumor Markers> CEA, SCC antigen, CYFRA, Pro-GRP, AFP, CA19-9, elastase1, CA125 (♀), CA15-3 (♀), PSA (♂)

<脳・心筋梗塞リスク> Lox-Index

<Cerebral Infarction and Myocardial Infarction Assessments> LOX-index® testing method

<大腸がんリスク・すい臓がんリスク> ProtoKey

<Colorectal cancer and Pancreatic cancer Assessments> ProtoKey® testing method

### ・尿検査 Urinalysis

尿糖、尿蛋白、尿潜血、尿pH、尿比重、尿ビリルビン、尿ウロビリノーゲン、尿沈渣

Glucose, protein, Occult blood, Acidity (pH), Urine specific gravity, Bilirubin, Urobilinogen, Urine sediment



# 城 (Castle)      About 8h

## ・医師の診察 Medical Consultation by Doctor

### ・計測 Measurements

身長、体重、腹囲、BMI、肥満度、視力、聴力、血压

Height (metric), Weight, Waist circumference (metric), BMI, Obesity index, Visual acuity test, Audiometry test, Blood pressure

### ・超音波検査 Ultrasound Scan

上腹部超音波検査、頸動脈超音波、乳腺超音波 (♀)

Upper abdominal ultrasound, Carotid ultrasound, Breast ultrasound (♀)

### ・生理学検査 Physiological Tests

心電図、心拍数、眼圧、眼底、肺機能、骨密度

Electrocardiogram (ECG), Heart rate, Tonometry, Fundoscopy, Pulmonary function test (PFTs), Bone density

### ・血液検査 Blood Analysis

<血液学>赤血球数、白血球数、血小板数、血色素量(Hb)、ヘマトクリット、MCV、MCH、MCHC、血清鉄、TIBC、フェリチン

<Hematology> Red blood cell (RBC) count, White blood cell (WBC) count, Platelet count, Hemoglobin level (Hb), Hematocrit, MCV, MCH, MCHC, Serum iron level, TIBC, Ferritin

<肝機能・膵機能>AST(GOT)、ALT(GPT)、γ-GTP、ALP、コリンエステラーゼ、総ビリルビン、LDH、総蛋白、アルブミン、AG比、アミラーゼ

<Liver Panel・Pancreatic Function Test>AST(GOT), ALT(GPT), γ-GTP, ALP, Cholinesterase, Total bilirubin, LDH, Total protein, Albumin, Albumin-globulin ratio, Amylase

<脂質>中性脂肪、総コレステロール、HDLコレステロール、LDLコレステロール、non-HDLコレステロール、動脈硬化指数

<Body Fat>Triglyceride, Total cholesterol, HDL cholesterol, LDL cholesterol, non-HDL cholesterol, Arteriosclerosis index

<腎機能・痛風>尿素窒素、クレアチニン、eGFR(推算糸球体濾過量)、ナトリウム、カリウム、クロール、カルシウム、無機リン、尿酸

<Renal Function・Gout>Urea nitrogen, Creatinine, eGFR (Estimated glomerular filtration rate), Sodium, Potassium, Chloride, Calcium, Inorganic phosphorus, Uric acid

<糖代謝>空腹時血糖、HbA1c, 1.5-AG

<Glucose Metabolism> Fasting blood glucose level, HbA1c, 1.5-AG

<胃がんリスク>ヘリコバクターピロリ抗体、ペプシノーゲン判定

<Stomach Cancer Risk> Helicobacter pylori (H. Pylori) test, pepsinogen test

<梅毒>RPR、TP抗体

<Syphilis> Rapid Plasma Regin (RPR), TP antibodies

<腫瘍マーカー>CEA、SCC抗原、CYFRA、Pro-GRP、AFP、エラスターーゼ1、CA19-9、CA125 (♀)、CA15-3 (♀)、PSA (♂)

<Tumor Markers> CEA, SCC antigen, CYFRA, Pro-GRP, AFP, CA19-9, elastase1, CA125 (♀), CA15-3 (♀), PSA (♂)

<肝炎ウイルス>HBs抗原、HBs抗体、HCV抗体

<Hepatitis> HBs antigen, HBs antibodies, HCV antibodies

<脳・心筋梗塞リスク>Lox-Index

<Cerebral Infarction and Myocardial Infarction Assessments> LOX-index® testing method

<甲状腺>TSH、FT3、FT4

<Thyroid Test> TSH, FT3, FT4

<大腸がんリスク・すい臓がんリスク>ProtoKey

<Colorectal cancer and Pancreatic cancer Assessments> ProtoKey® testing method

<免疫学>CRP、RF定量

<Allergy and Immunology> C-Reactive protein (CRP), Rheumatoid factor

### ・尿検査 Urinalysis

尿糖、尿蛋白、尿潜血、尿pH、尿比重、尿ビリルビン、尿ウロビリノーゲン、尿沈渣

Glucose, protein, Occult blood, Acidity (pH), Urine specific gravity, Bilirubin, Urobilinogen, Urine sediment



# 富士 (Fuji)

1.5Days (About 8h + 2h)

•医師の診察 Medical Consultation by Doctor

•計測 Measurements

身長、体重、腹囲、BMI、肥満度、視力、聴力、血圧

Height (metric), Weight, Waist circumference (metric), BMI, Obesity index, Visual acuity test, Audiometry test, Blood pressure

•超音波検査 Ultrasound Scan

上腹部超音波検査、頸動脈超音波、乳腺超音波（♀）

Upper abdominal ultrasound, Carotid ultrasound, Breast ultrasound (♀)

•婦人科 Gynecology (♀)

経腔超音波、内診、子宮頸部細胞診、乳房視触診

Transvaginal ultrasound, Pelvic examination, Cervical cytology diagnosis (Pap Smear), Breast Inspection palpation



•生理学検査 Physiological Tests

心電図、心拍数、眼圧、眼底、肺機能、骨密度

Electrocardiogram (ECG), Heart rate, Tonometry, Fundoscopy, Pulmonary function test (PFTs), Bone density

•放射線検査 Radiographic Examination

胸部X線検査、胸腹部CT、頭部MRI・MRA、頸部MRA、認知症リスク検査、

DWIBS, マンモグラフィー（♀）

Chest X-ray, Chest and Abdominal CT scans, Brain (Head) MRI・MRA scan,

Cervical (Neck) MRA, Dementia Risk Screening, DWIBS, Mammography (♀)

•血液検査 Blood Analysis

<血液学>赤血球数、白血球数、血小板数、血色素量(Hb)、ヘマトクリット、MCV、MCH、MCHC、血清鉄、TIBC、フェリチン

<Hematology> Red blood cell (RBC) count, White blood cell (WBC) count, Platelet count, Hemoglobin level (Hb), Hematocrit, MCV, MCH, MCHC, Serum iron level, TIBC, Ferritin

<肝機能・胰機能> AST(GOT)、ALT(GPT)、γ-GTP、ALP、コリンエステラーゼ、総ビリルビン、LDH、総蛋白、アルブミン、AG比、アミラーゼ

<Liver Panel・Pancreatic Function Test> AST(GOT), ALT(GPT), γ-GTP, ALP, Cholinesterase, Total bilirubin, LDH, Total protein, Albumin, Albumin-globulin ratio, Amylase

<脂質>中性脂肪、総コレステロール、HDLコレステロール、LDLコレステロール、non-HDLコレステロール、動脈硬化指数

<Body Fat> Triglyceride, Total cholesterol, HDL cholesterol, LDL cholesterol, non-HDL cholesterol, Arteriosclerosis index

<腎機能・痛風>尿素窒素、クレアチニン、eGFR(推算糸球体濾過量)、ナトリウム、カリウム、クロール、カルシウム、無機リン、尿酸

<Renal Function・Gout> Urea nitrogen, Creatinine, eGFR (Estimated glomerular filtration rate), Sodium, Potassium, Chloride, Calcium, Inorganic phosphorus, Uric acid

<糖代謝>空腹時血糖、HbA1c, 1.5-AG

<Glucose Metabolism> Fasting blood glucose level, HbA1c, 1.5-AG

<胃がんリスク>ヘリコバクターピロリ抗体、ペプシノーゲン判定

<Stomach Cancer Risk> Helicobacter pylori (H. Pylori) test, Pepsinogen test

<梅毒>RPR、TP抗体

<Syphilis> Rapid Plasma Regin (RPR), TP antibodies

<腫瘍マーカー>CEA、SCC抗原、CYFRA、Pro-GRP、AFP、エラスターーゼ1、CA19-9、CA125 (♀)、CA15-3 (♀)、PSA (♂)

<Tumor Markers>CEA, SCC antigen, CYFRA, Pro-GRP, AFP, CA19-9, elastase1, CA125 (♀), CA15-3 (♀), PSA (♂)

<肝炎ウイルス>HBs抗原、HBs抗体、HCV抗体

<Hepatitis> HBs antigen, HBs antibodies, HCV antibodies

<脳・心筋梗塞リスク>Lox-Index

<Cerebral Infarction and Myocardial Infarction Assessments> LOX-index® testing method

<甲状腺>TSH、FT3、FT4

<Thyroid Test> TSH, FT3, FT4

<大腸がんリスク・すい臓がんリスク>ProtoKey

<Colorectal cancer and Pancreatic cancer Assessments> ProtoKey® testing method

<免疫学>CRP、RF定量

<Allergy and Immunology> C-Reactive protein (CRP), Rheumatoid factor

•尿検査 Urinalysis

尿糖、尿蛋白、尿潜血、尿pH、尿比重、尿ビリルビン、尿ウロビリノーゲン、尿沈渣

Glucose, Protein, Occult blood, Acidity (pH), Urine specific gravity, Bilirubin, Urobilinogen, Urine sediment

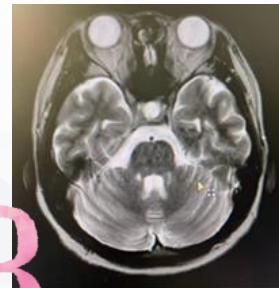


# Option Menu



## A

Gastroscopy and Colonoscopy



## B

Brain Screening



## C

Lung Cancer Screening



## D

DWIBS

所要時間  
Required time

About 120 min.  
Only PM

胃と大腸など消化器系のがんを早期に発見するために、内視鏡検査と腫瘍マーカー検査を行います。

< Tumor Markers > CEA, CA19-9  
※生検、ポリープ切除は別途料金がかかります

内容  
Content

Gastroscopy and colonoscopy detect gastric and colorectal cancer at an early stage. You can experience the world's highest level of endoscopy.

\* Biopsy and polypectomy will be charged separately.

About 40 min.

最高水準のMRI撮影装置により、脳腫瘍、脳梗塞、脳萎縮の早期発見ができます。脳卒中や脳梗塞のリスクを解析し、認知症リスクも確認できます。

Cutting-edge MRI imaging equipment enables early detection of brain tumors, cerebral infarction, and brain atrophy. The risk of stroke can be analyzed, and the risk of dementia can also be confirmed.

About 30 min.

肺がん・肺気腫・肺炎間質性肺炎の早期発見を目的に、胸部CT検査と腫瘍マーカーを組み合わせた検査です。< Tumor Markers > CEA, SCC antigen, CYFRA, Pro-GRP

A test that combines a chest CT scan with four types of tumor markers for the early detection of lung cancer. It leads to early detection of lung cancer, emphysema, pneumonia, interstitial pneumonia, etc.

About 60 min.

MRIで頸部から骨盤までを撮影し、全身のがんを検索します。PET-CTと異なり被ばくが一切なく、薬物も使用せず、短時間で行える最新の優れた検査です。

MRI scans from the neck to the pelvis to search for cancer throughout the body. Unlike PET-CT scans, there is no exposure to radiation, making the examination convenient and safer.

# Healthy & Anti-Aging IV Therapy



E

High-Dose Vitamin C IV Therapy

F

Diet IV Therapy

G

Recovery from Fatigue  
IV Therapy

H

Super Antioxidant  
IV Therapy

所要時間

About 40 min.

【高濃度ビタミンC点滴】  
通常よりもかなり高濃度のビタミンCを点滴することで、  
**免疫力の向上、美白や疲労回復効果**をもたらします。

内容

By administering a highly concentrated dose of Vitamin C intravenously, we can **enhance immunity, promote skin brightening, and facilitate fatigue recovery** to a greater extent than with regular doses.

About 30 min.

【ダイエット点滴】  
糖と脂肪の代謝を促進して  
**ダイエットサポート**をする点滴です。

This drip is designed to promote the metabolism of sugars and fats, **providing support for weight loss efforts.**

About 30 min.  
Injection/about 3 min.

【疲労回復にんにく点滴】  
とにかく疲れとだるさをとりたい方、二日酔いの方におすすめです。

This drip is recommended for those who want to alleviate fatigue and lethargy, as well as for those experiencing hangovers.

About 40 min.

【スーパー抗酸化点滴】  
美白、アンチエイジングに特化し、  
**さらに美肌を目指す人**への点滴です。

The drip is specially formulated for whitening and anti-aging, catering to individuals aiming for radiant skin.

2～3種類の点滴の組み合わせ可能 ※Fとの組み合わせのみ不可  
Combination of 2 to 3 types of drips available ※The combination of F and I is unavailable.

# エクソソーム点滴

Pure Exosom IV Therapy

当院で採用しているエクソソーム製剤は、1ccあたり**含有量500億個以上を保証**

1回2cc

※エクソソーム有含量1,000億個以上保証

1回4cc

※エクソソーム有含量2,000億個以上保証



## 当日のご案内

- ①問診
- ②医師診察
- ③当院展望サロンまたはプライベートルームにて点滴投与

【所要時間】約30分

## お持ち帰り

6cc～

- ※エクソソーム有含量3,000億個以上保証
- ※フリーズドライ製品です
- ※保冷バックに入れてお渡しいたします
- ※3回に分けてお持ち帰りいただけます



小田原箱根健診クリニック

Odawara Hakone Medical Center

# Optional Menus

## Healthy & Anti-Aging IV Therapy Menus

人間ドックパッケージとオプションメニュー、健康点滴を組みあせてすることができます。

You can combine "Ningen Dock" (Comprehensive Health Checkup) package with optional menus and IV Therapy Menus.

### Example

富士 (Fuji)

+ エクソソーム点滴 Pure Exosom IV Therapy

椿 (Tsubaki)

+ D DWIBS + H Super Antioxidant IV Therapy

梅 (Ume)

+ A Gastroscopy and Colonoscopy + C Lung Cancer Screening + F Diet IV Therapy

# A

## 胃部内視鏡・大腸内視鏡検査 Gastroscopy and Colonoscopy

Required time of about 120 min.

胃がんと大腸がんの早期発見のために、胃部内視鏡と大腸内視鏡検査、腫瘍マーカーを組み合わせた検査です。

Our gastric cancer and colorectal cancer screening combines  
**gastroscopy, colonoscopy, and tumor marker tests** ※CEA・CA19-9  
to detect stomach and colon cancer at an early stage.

胃部内視鏡・大腸内視鏡前日のご夕食は、報徳二宮神社内の和食レストラン「食樂庵 報徳」にて、検査に適した健康的で美味しい特別ディナーをお召し上がりいただけます。

The evening before your  
gastric cancer and colorectal cancer screening, you can enjoy a special healthy and delicious dinner suitable for  
the examination at the affiliated Japanese restaurant 'Shokurakuan Hotoku' located within the Hotoku  
Ninomiya Shrine. ※Meal cost not included

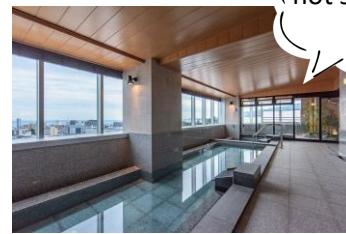


検査前日の夜から下剤を飲んでいただきます。快適にリラックスして検査をお受けいただくために、大腸ドック前日の宿泊は小田原箱根健診クリニックと同じ建物内のホテル「天成園 小田原駅別館」で快適にお過ごしいただくことををお勧めしております。

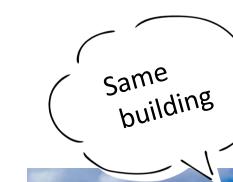
You will need to take a laxative starting the night before the examination. To ensure you have a comfortable and relaxed experience, we recommend staying at the onsen hotel 'Tenseien Odawara Station Hotel,' located in the same building as the Odawara Hakone Kenshin Clinic, the night before your gastric cancer and colorectal cancer screening. ※Accommodation cost not included



Generation Endoscope System  
FUJIFILM ELUXEO 7000System



hot spring



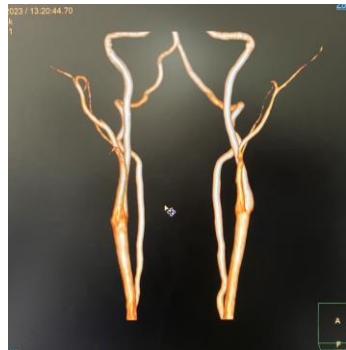
天成園 小田原駅別館  
Tenseien Odawara  
Station Hotel

# B

## 脳ドック Brain Screening

所要時間：約40分

Required time of about 40 min.

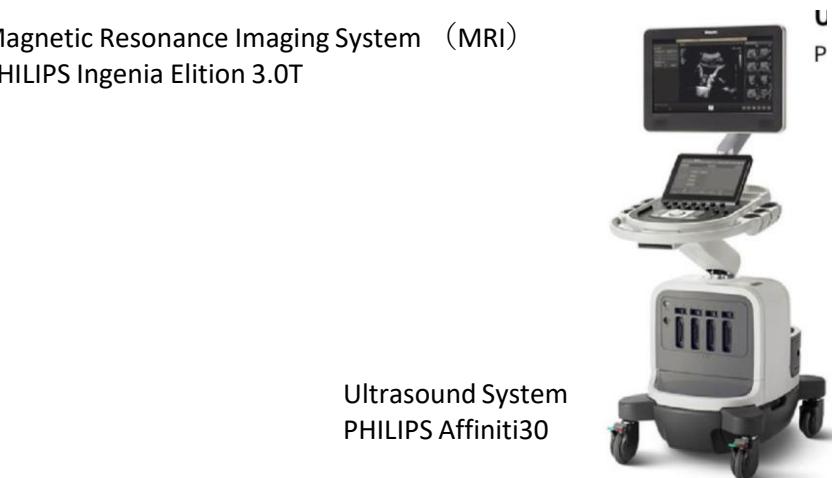


Magnetic Resonance Imaging System (MRI)  
PHILIPS Ingenia Elition 3.0T

**最高水準のMRI撮影装置により  
脳卒中や脳梗塞のリスクを解析！**

**Analysis of the risk of stroke and cerebral infarction using  
the highest level of MRI photography equipment in Japan!**

脳の病気は突然死を招く恐ろしい病気です。一命をとりとめても、深刻な後遺症を残すこともあります。一方で、早期にリスクを発見することで、薬による治療も可能です。大切なご家族、仕事のためにも、脳ドックの受診をおすすめします。

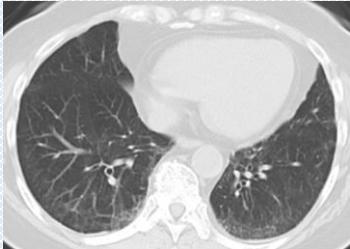


Ultrasound System  
PHILIPS Affiniti30

Brain disease is a dreadful disease that can lead to sudden death. Even if you live, you may have serious sequelae. On the other hand, early detection of risks allows treatment with drugs. We recommend that you have a brain dock for your family and work.

# C

## 肺ドック Lung Screening



呼吸器疾患は初期段階では症状や検査所見の異常を伴わないことが多い、発見が遅くなると治療が困難となり、死亡率が高くなっています。

精密検査による早期発見 + 早期治療が重要です。

Respiratory diseases are often not accompanied by symptoms or abnormal laboratory findings in the early stages, and slow detection is associated with difficulties in treatment and high mortality.

**Early detection and early treatment by workup is important.**

CT検査 + 腫瘍マーカー  
所要時間:約30分

CT test and tumor-marker  
Required time of about 30 min.

肺がん・肺気腫・肺炎  
間質性肺炎などの早期に発見に！

Early detection of Lung cancer,  
emphysema,pneumonia  
and interstitial pneumonia!

肺がんを早期に発見するために、  
胸部CT検査と4つの腫瘍マーカー検査が使用されます。  
小田原箱根健診クリニックでは低線量胸部CT検査なので、被ばくを抑えながら十分な画像が得られますので、安心して受診していただけます。

タバコを吸う方、喫煙歴のある方、40歳以上の方に特にお勧めします。

A chest CT test and four tumor-marker tests are used to detect lung cancer at an early stage.

Because the Odawara Hakone Kenshin Clinic is a low-dose chest CT examination, you can obtain adequate images while keeping the exposure to radiation, so you can see your doctor with confidence. It is especially recommended for people who smoke cigarettes, those who have a history of smoking, and those who are older than 40.

Computed Tomography System (CT)  
GE HealthCare Revolution Maxima



D

## DWIBS (Diffusion Weighted Whole Body Imaging with Background Body Signal Suppression )

MRIの高性能化により可能となった検査で、頸部から骨盤までを撮影し、全身のがん検索が可能です。PET-CTよりも制限が少なく、検査の手軽さでは優れています。【所要時間：約60分】

This is a test enabled by the enhancement of MRI performance. The neck to the pelvis is photographed and the entire body can be searched for cancer. It is less restrictive than PET-CT and superior in the ease of examination.

【 Required time of about 60 min.】

### ● DWIBSとPET-CTの比較

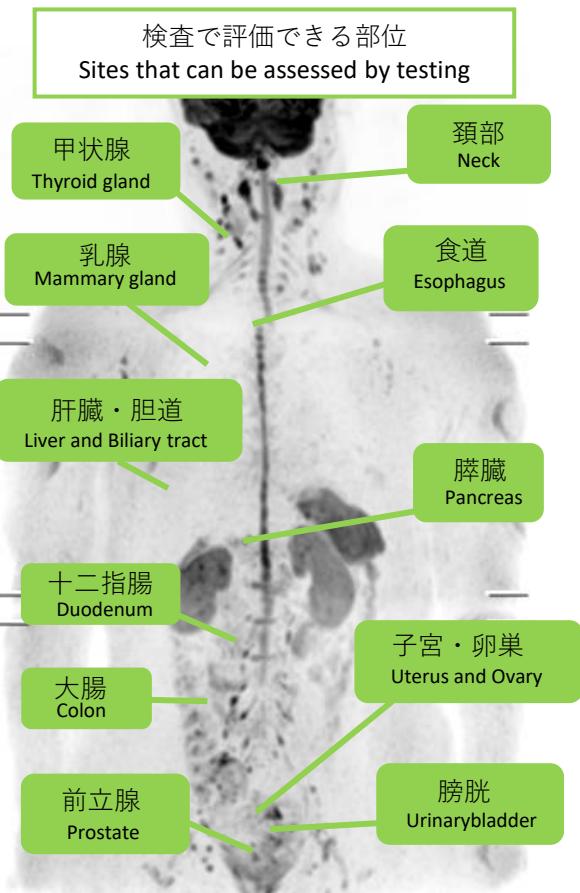
	DWIBS	PET-CT
注射	なし	検査薬を静脈注射
食事制限	なし	検査前絶食 インスリン制限
被ばく	なし	注射薬と放射線
検査時間	40分程度	注射含め2-3時間
検査前処置	なし	注射後安静1時間→検査開始
検査後制限	なし	放射能が下がるまで待機
糖尿病患者	検査可	検査制限や結果に偏りが出る可能性あり
検査不可	MRI禁止事項に準ずる※	糖尿病患者で結果が正確に出ないことあり

※MRI禁止事項：体内/体外金属がある、妊娠中、医療機器装着がある、入れ墨(タトゥー)がある、閉所恐怖症がある等

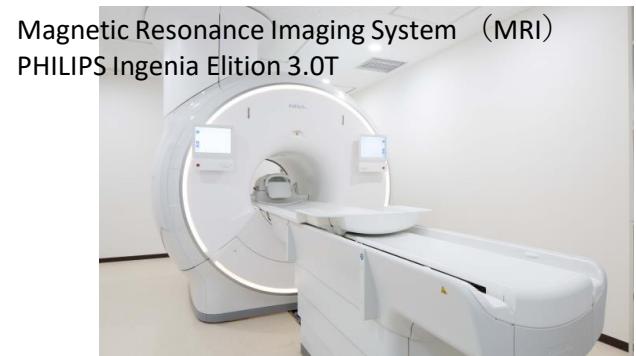
### ● DWIBS vs PET-CT

	DWIBS	PET-CT
Injection.	None	Intravenously inject test drugs
Dietary restriction	None	Pretest fasting insulin restriction
Exposure	None	Injection drugs and radiation
Examination time	About 40 minutes	2-3 hours including injection
Pretest treatment	None	1 hour of rest after injection → start of examination
Post-test restriction	None	Wait until radioactivity falls
People with Diabetes	Test permitted	Possible bias in test restrictions and results
Test not possible	Same as MRI prohibited matters*	Results may not be accurate in patients with diabetes

※Prohibition of MRI: Intracorporeal/extracorporeal metals, pregnant, with medical equipment, tattooing, claustrophobia, etc.



DWIBS検査で撮影した画像  
Images taken during DWIBS



*Tokyo's Closest Castle Town*  
ODAWARA

# Sightseeing Menu

Exclusive Experiences  
And  
Taxi tour



# 小田原 ODAWARA

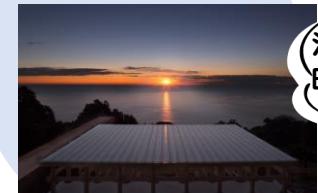
漁師町、城下町、宿場町として、14世紀頃から栄えた、歴史ある小田原。美味しい食事やお買い物も楽しめます。潮風を感じながら、ゆっくりお過ごしください。

Odawara is a historic city that flourished from the 14th century as a fishing town, castle town, and post town. You can also enjoy delicious foods and shopping while feeling the sea breeze.



約25分  
About 25min

箱根芸者  
お座敷体験  
Experience Hakone  
Geisha tatami play



江之浦測候所  
Enoura Observatory

約5分  
About 5min

着物体験  
Kimono  
Experience



約5分  
About 5min

小田原城址公園  
Odawara Castle Park



小田原城  
Odawara  
Castle

約15分  
About 15min

約15分  
About 15min



報徳二宮神社  
Hotoku Ninomiya  
Shrine.

約10分  
About 10min



小田原漁港  
Odawara  
Fishing Port



約5分  
About 5min

かまぼこ通り  
Kamaboko St.

太平洋  
Pacific





## Odawara has amazing food !



Sushi, Tempura, Ramen, Sweets, Sake etc...



# Exclusive Experiences ①



## Ninja, Samurai Castle Experience

About 2.5 hours

Hosted by one of Japan's leading ninja experts and a bilingual local guide, learn the history and stories behind the ninja and samurai at Odawara Castle. Try out real ninja weapons and techniques in a hands-on class led by an expert.



## Odawara Fish Market

Discover a special side of Japan with this exclusive guided tour of the Odawara Fish Market and port. Get a guided experience of the exciting morning fish auction, see local fish headed off to market, and learn about this important part of Japanese culture and history.

## NEW EXPERIENCE

## Zen Meditation at Odawara Castle

About 1.5 hours

Odawara Castle is yours for this exclusive experience held after hours at the top of Odawara Castle. The experience is led by a bilingual local zen monk and includes meditation and interaction to make this an unforgettable time for you.

## Castle & Town Discovery Tour

About 3 hours

Discover the history, culture, and people of Odawara on this guided walking tour. This personalized walk is an amazing way to connect and feel the people and places of Japan.



## Become a Lord of Odawara Castle

Odawara Castle invites you to an exclusive experience becoming a lord of the castle. Get suited in samurai armor, walk the castle grounds, be entertained and enjoy ninja experience during your time.

# Exclusive Experiences ②



## Enoura Observatory Tour

About 3 hours

Take a taxi from Odawara Station to Enoura Observatory.

With English guide.

Includes taxi fare (half day), entrance fee, and guide fee.



## Cycling & Mountain Biking

About 3 hours

There is a mountain bike plan that takes you through the forest, and a road plan that takes you through town.

Cycling lessons and mountain biking expenses included.



## Hakone geisha tatami Play experience plan

About 3 hours

While enjoying Kaiseki cuisine at one of Odawara's most famous restaurants, Oshimizu, You can experience Hakone Yumoto's geisha dance and geisha play.  
Meal fee (drink not included)

## Dinner plan the day before colonoscopy

about 3 hours

This is a dinner plan for the day before a colonoscopy. At the restaurant at Hotoku Ninomiya Shrine in Odawara Castle, you can enjoy easily digestible and healthy Japanese food made with local, seasonal ingredients.

Meal fee (drink not included)



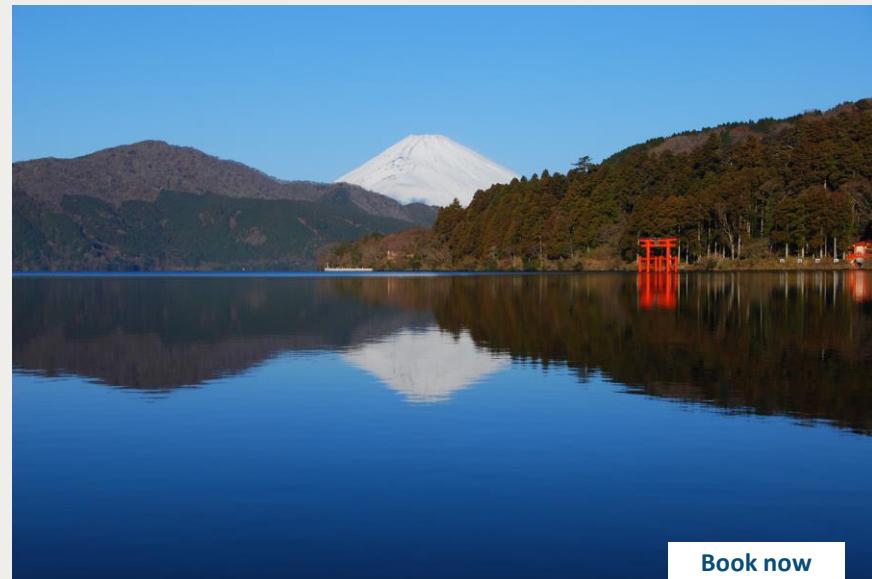
Contact



# Exclusive Experiences ③

## Explore Hakone

Personalized private tour in Hakone. Customize your private tour of Hakone, a popular destination in Fuji-Hakone-Izu National Park known for its hot spring resorts.



[Book now](#)



From \$ 500

## Taxi tour



[Book now](#)



A chartered taxi will take you to the place you want to go.  
If you do not have a preference, we will guide you to recommended spots.

**Taxi charter sightseeing plan (1 day)**  
**Taxi charter sightseeing plan (half day)**

# Personal Shopping in Tokyo

ブランディングスタイリスト®小野田史氏による  
唯一無二の東京パーソナルショッピング



## Tokyo No.1 Fashion Guide

**Hitoshi Onoda**

Fashion & Branding Stylist®  
CEO of FASHION PARTNER Inc.

Based in Tokyo. As a fashion stylist, he engages in fashion styling for advertising campaigns, domestic/international fashion magazines and other publications, and celebrities and other public figures, as well as fashion-related direction. He has also been invited to fashion shows such as the Paris collections of Louis Vuitton and Hermès and the Milan collections of Gucci.

国内外のファッション誌、テレビCMをはじめ、高橋一生氏や高良健吾氏など、数多くの芸能人、著名人のスタイリストを務める。ルイ・ヴィトンやエルメスのパリコレクション、グッチのミラノコレクションにも招待され、世代や職種を問わないブランドディングのスペシャリストとして活躍している。

## アルファード送迎付き



小田原箱根健診クリニックまたはホテル→  
ショッピング→ホテルまたは成田/羽田空港

### Tokyo City Cruise in TOYOTA Alphard

Designated departure location, 3 hours of shopping in a designated area, and transportation to Designated place of arrival.

\*Limited to designated pick-up and drop-off locations (Tokyo, Chiba, Kanagawa, Narita Airport, Haneda Airport, and other locations within 100 km from Tokyo). Shopping hours are from 11:00 to 19:00. Please note the departure/transfer time of the designated arrival location)

[contact@fashionpartner.co.jp](mailto:contact@fashionpartner.co.jp)

[www.fashionpartner.co.jp](http://www.fashionpartner.co.jp)

Various customized Tokyo fashion tours are also available.



Profile



高級ブランドの洋服、バック、時計、ジュエリー、日本の伝統的な刀剣や着物など、小野田史氏がコーディネート。プロフェッショナルによるガイドで、東京でのお買い物をより一層お楽しみいただけます。



表参道、銀座など、日本を代表する高級ブランドエリアで特別なショッピングを  
**Choose one of 3 areas (3 hours / Up to 2 people)**

For a group with 3 people or more, an additional vehicle will be provided at an additional charge (Please be sure to inform us in advance if children or family members will be riding with you). Interpretation services not included. No pick-up and drop-off plans are also available.

Omotesando Area

Shopping for Luxury brands in Tokyo's fashion capital (Louis Vuitton, Chanel, Gucci, Hermes, etc.)

Ginza Area

Shopping for Antique, Watch, and Jewelry in Tokyo's luxury Spots (Kimono, Token (sword), Rolex, etc.)

Customized Area

Shopping for Rare items at your desired location in Tokyo (Vintage jeans, Premium sneakers, Street brands, etc.)

As a rule, we ask that reservations be made at least one week in advance. However, we may be able to accommodate reservations made less than one week in advance, so please contact us by e-mail first. Payment of the service fee is due 7 days prior to the date of service, with confirmation of receipt of payment. Cancellations will be subject to a 20% cancellation fee up to 5 days prior to the service date, a 50% cancellation fee up to 3 days prior to the service date, and a 100% cancellation fee for cancellations made after the service date. No refunds are allowed after payment.

# Recommended Route 1

- Comprehensive Health checkup “Fuji” (1.5Days)
- Healthy & Anti-Aging IV Therapy
- Odawara Sightseeing & Personal Shopping

Day  
1

14:00～  
小田原城＆街歩きツアー  
Castel and town Discovery tour



17:00～  
報徳二宮神社  
Visit Hotoku  
Ninomiya Shrine.



18:00～  
食楽庵で大腸検査適した  
ディナー  
Have the ideal dinner for  
Colonoscopy prep at  
“Shokurakuan” in Hotoku  
Ninomiya Shrine



天成園小田原駅別館宿泊（2泊/温泉）  
Stay at Tenseien Odawara Station Hotel (2nights)

Day  
2

8:30～  
小田原箱根健診クリニック  
で人間ドック  
Comprehensive Health  
Checkup “Fuji” at Odawara  
Hakone Kenshin Clinic



17:00～  
ディナー  
Have dinner in Tenseien  
Odawara Station Hotel



Day  
3

8:30～  
小田原箱根健診クリニックで  
人間ドックと健康点滴  
Comprehensive Health Checkup  
“Fuji” and Healthy & Anti-Aging  
IV Therapy at Odawara Hakone  
Kenshin Clinic



12:00  
箱根芸者お座敷体験を楽し  
みながら昼食  
Experience Geisha Performance  
and have lunch



16:00  
富士屋ホテル宿泊（1泊/温泉）  
Relax in the hot spring and  
stay at Fujiya Hotel (1night)



Day  
4

10:00～  
江之浦測候所  
Enjoy Enoura Observatory



12:00～  
小田原漁港で海鮮ランチ  
Have seafood lunch at  
Odawara fishing port



15:00～  
東京パーソナルショッピング  
Personal shopping in Tokyo



Stay at Tokyo or go to airport

# Recommended Route 2

- Comprehensive Health checkup “Sakura”
- Healthy & Anti-Aging IV Therapy
- Odawara Sightseeing & Personal Shopping

Day  
1

- 14:00～  
着物で小田原まち歩き  
Enjoy walking Odawara Castel Town  
wearing Kimono



- 17:00～  
報徳二宮神社  
Visit Hotoku Ninomiya Shrine.

- 18:00～  
食楽庵でディナー  
Have dinner at  
“Shokurakuan”  
in Hotoku Ninomiya  
Shrine



- 天成園小田原駅別館宿泊 (2泊/温泉)  
Stay at Tenseien Odawara Station Hotel  
(2nights)



Day  
2

- 8:30～  
小田原箱根健診クリニックで  
人間ドック  
Comprehensive Health Checkup  
“Sakura” at Odawara Hakone  
Kenshin Clinic



- 14:30～  
ミナカ小田原内のレストランで  
ランチ  
Have lunch at a restaurant in the  
Minaka Odawara Bldg.

- 15:30～  
小田原城で忍者体験  
Experience Ninja at Oawara Castle

- 清閑亭で箱根芸者お座敷体験  
を楽しみながらディナー  
Experience Geisha Performance  
and have dinner



Day  
3

- 8:30～  
小田原箱根健診クリニックで  
健康点滴  
Healthy & Anti-Aging IV  
Therapy at Odawara Hakone  
Kenshin Clinic

- 10:00～  
宿場町と海辺をサイクリング  
Cycling around Odawara post town  
and the seaside

- 13:00～  
かまぼこ通りで食べ歩き  
Enjoy delicious food at  
Kamaboko St.  
In Odawara  
post town



- 17:00～  
小田原城で禅体験  
Zen Meditation at Odawara Castle



- 山家荘でディナー & 宿泊 (1泊/温泉)  
Relax in the hot spring, have dinner and  
Stay at Yamagasou (1night)



Day  
4

- 11:00～  
農家レストラン・きのこ苑お山  
のたいしょうで、自然体験と健  
康的な食事を楽しむ  
Enjoy a nature experience and a  
healthy meal at the farmer's  
restaurant,  
Kinokoen  
Oyama-no  
Taisho



- 15:00～  
東京パーソナルショッピング  
Personal shopping in Tokyo



- Stay at Tokyo or go to airport



# Recommended Route 3

- Comprehensive Health checkup “Ocean”
- Healthy & Anti-Aging IV Therapy
- Odawara Sightseeing & Explore Hakone

Day  
1

- 14:00～  
小田原城で城主体験  
Become a Lord of Odawara Castle



- 天成園小田原駅別館で夕食と宿泊  
(2泊/温泉)  
Have dinner and Stay  
at Tenseien Odawara  
Station Hotel (2nights)



Day  
2

- 8:30～  
小田原箱根健診クリニックで  
人間ドック  
Comprehensive Health Checkup  
“Ocean” at Odawara Hakone  
Kenshin Clinic



- 15:30～  
グルメ三昧  
Enjoy amazing food in Odawara



Day  
3

- 5:00～  
小田原漁港でセリ見学  
&朝食ツアー  
Odawara  
Fish market  
Tour and  
Breakfast



- 箱根健診クリニックで健康点滴  
Healthy & Anti-Aging IV  
Therapy at Odawara Hakone  
Kenshin Clinic



- 13:00～  
老舗めぐり  
Visit to traditional  
shops in Odawara



- 箱根ホテルでディナー  
&宿泊 (2泊/温泉)  
Relax in the hot spring, have dinner  
And Stay at Hakone Hotel (2night)

Day  
4

- 10:00～  
箱根プライベートツアー  
Private tour of Hakone



- 13:00  
箱根の甘酒茶屋でランチ  
Have lunch at the historic  
Amazake Chaya in Hakone



小田原箱根健診クリニック  
ODAWARA HAKONE KENSHIN CLINIC



〒250-0045

神奈川県小田原市栄町1-1-15ミナカ小田原7階  
<https://odawara-kenshin.com/>



Minaka Odawara Building - 7th Floor, 1-1-15 Sakaecho, Odawara-shi, Kanagawa  
250-0011, Japan  
<https://odawara-kenshin.com/en/>



医療法人患中会



小田原箱根健診クリニック

Kanchukai Medical Group

**ODAWARA HAKONE KENSHIN CLINIC**  
-Odawara Hakone Medical Center-